

Austrian Rulebook

Age Groups & Divisions



Competition Season 2024-2025

valid from September 2024 to August 2025

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I. General Rules

The following rules, regulations and appendixes apply to competitions and championships held, supported or authorized by the "Österreichische Cheerleading und Cheer Performance Verband" (ÖCCV).

As stipulated by the statutes of the ÖCCV, all members of the ÖCCV are obliged to register their competitions or championships with the ÖCCV and the ÖCCV needs to approve the organization of such an event.

1. Age Groups

- Age for an athlete in years refers to an athlete being that age at any point of time during the calendar year of the respective competition.
- Any team proven to be in violation of the age requirements will be automatically disqualified.
- The following age groups will be available for the 2024-2025 competition season (until 31.08.2025):

| Cheerleading Age Groups for 2024-2025 | Age | Years of birth |
|--|--------------|----------------|
| <u>Senior</u> Cheerleading Premier & Elite | 16 and older | 2009 or before |
| <u>Junior</u> Cheerleading Elite & Advanced | 15 to 18 | 2010 to 2006 |
| <u>Youth</u> Cheerleading Advanced & Median | 12 to 14 | 2013 to 2010 |
| <u>Primary</u> Cheerleading Median & Intermediate | 7 to 13 | 2018 to 2011 |
| <u>Mini</u> Cheerleading Novice | 7 to 11 | 2018 to 2013 |
| <u>Tiny</u> Cheerleading Novice & Beginner | 6 to 8 | 2019 to 2016 |
| <u>Adaptive & Special Abilities</u> | 12 and older | 2013 or before |

| Performance Cheer Age Groups for 2024-2025 | Age | Years of birth |
|--|--------------|----------------|
| <u>Senior</u> | 16 and older | 2009 or before |
| <u>Junior</u> | 15 to 18 | 2010 to 2006 |
| <u>Youth</u> | 12 to 14 | 2013 to 2010 |
| <u>Peewee</u> | 7 to 13 | 2018 to 2011 |
| <u>Tiny</u> | 6 to 8 | 2019 to 2016 |
| <u>Adaptive & Special Abilities</u> | 12 and older | 2013 or before |

2. Substitutes

- Team divisions: up to 5 substitutes per team.
 Group Stunt divisions: up to 2 substitutes per team.
 Partner Stunt division: up to 2 substitutes per couple
 (if 2 substitutes are registered then one must be male and one female athlete).
 Doubles divisions: one substitute per team.

3. Division Cross-overs

- Each athlete may only compete in one team in a specific team division.
- Cheerleading: Cross-overs to other team divisions are not allowed (exception: Adaptive und Special divisions).
- Performance Cheer: Cross-overs to other divisions are allowed.

4. Age Group Cross-overs

- Cheerleading: Each athlete may only compete in one age group. Cross-overs to other age groups are not allowed.
- Performance Cheer: Cross-overs to other age groups are allowed, as long as the age eligibility criteria are met.

II. Competitive Sports Divisions

1. Number of Athletes

- All Cheerleading teams require a minimum of 12 athletes and allow a maximum of 24 athletes.
- All Performance Cheer teams require a minimum of 8 athletes and allow a maximum of 24 athletes.
- All Performance Cheer Doubles require a minimum / maximum of 2 athletes.
- If a team wants to have their score counted for the European Cheer League, it has to fulfill the international criteria for the number of minimum athletes (currently set at 16 persons for all team divisions and 18 persons for all Jazz team divisions).

2. Competitive Sports Divisions Cheerleading

| Cheerleading Division / Age group | Tiny* | Mini* | Primary* | Youth** | Junior** | Senior** |
|-------------------------------------|------------------------|-------------|-------------|-------------|-------------|----------|
| | 2019 - 2016 | 2018 - 2013 | 2018 - 2011 | 2013 - 2010 | 2010 - 2006 | ≤ 2009 |
| Team All Girl / Coed Novice | | X | | | | |
| Team All Girl / Coed Intermediate | | | X | | | |
| Team All Girl / Coed Median | | | X | X | | |
| Team All Girl / Coed Advanced | | | | X | X | |
| Team All Girl / Coed Elite | | | | | X | X |
| Team All Girl / Coed Premier | | | | | | X |
| Team Special Abilities Intermediate | no separate age groups | | | | | |
| Team Adaptive Abilities Advanced | no separate age groups | | | | | |

* Coed in Tiny, Mini and Primary = three or more male athletes competing.

** Coed in Youth, Junior and Senior = one or more male athlete(s) competing.

3. Competitive Sports Divisions Performance Cheer

| Performance Cheer Division / Age group | Tiny | Peewee | Youth | Junior | Senior |
|--|------------------------|-------------|-------------|-------------|--------|
| | 2019 - 2016 | 2018 - 2011 | 2013 - 2010 | 2010 - 2006 | ≤ 2009 |
| Team Pom | | X | X | X | X |
| Team Jazz | | | | X | X |
| Team Hip Hop | | X | X | X | X |
| Team Special & Adaptive Abilities Pom | no separate age groups | | | | |
| Doubles Pom | | | | X | X |
| Doubles Hip Hop | | | | X | X |

Males and females are allowed to participate on the same team in all Performance Cheer Divisions.

III. Recreational Sports – Additional Divisions

1. Number of Athletes

- All Cheerleading teams require a minimum of 10 athletes and allow a maximum of 24 athletes.
- All Group Stunt Teams require a minimum of 3 athletes and allow a maximum of 5 athletes.
- All Partner Stunt Teams require one female and one male competitor as well as a spotter.
- All Performance Cheer teams require a minimum of 6 athletes and allow a maximum of 24 athletes.
- All Performance Cheer Doubles require a minimum / maximum of 2 athletes.

2. Recreational Sports Divisions Cheerleading

| Cheerleading Team Divisions | Tiny | Mini | Primary | Youth | Junior | Senior |
|-----------------------------|-------------|-------------|-------------|-------------|-------------|--------|
| | 2019 - 2016 | 2018 - 2013 | 2018 - 2011 | 2013 - 2009 | 2010 - 2006 | ≤ 2009 |
| Team Beginner | X | | | | | |
| Team Novice | X | | | | | |

* Coed = three or more male athletes competing.

| Divisions with broader age groups | Age | Years of Birth |
|---|-------------|----------------|
| Open Age Team Novice | 6 to 14 | 2019 to 2010 |
| Open Age Team Intermediate | 6 to 14 | 2019 to 2010 |
| Open Age Team All Girl / Coed Median * | 9 to 17 | 2016 to 2007 |
| Open Age Team All Girl / Coed Advanced * | 12 or older | 2013 or older |
| Open Age Team All Girl / Coed Elite * | 15 or older | 2010 or older |
| Open Age Team All Girl / Coed Master Median * | 25 or older | 2000 or older |
| Open Age Team Adaptive Abilities Intermediate | 7 or older | 2018 or older |

| Cheerleading Small Divisions | Tiny | Mini | Primary | Youth | Junior | Senior |
|--|-------------|-------------|-------------|-------------|-------------|--------|
| | 2019 - 2016 | 2018 - 2013 | 2018 - 2011 | 2013 - 2010 | 2010 - 2006 | ≤ 2009 |
| Group Stunt All Girl / Coed Intermediate | | X | | | | |
| Group Stunt All Girl / Coed Median | | | X | | | |
| Group Stunt All Girl / Coed Advanced | | | | X | | |
| Group Stunt All Girl / Coed Elite | | | | | X | |
| Partner Stunt Coed Elite | | | | | X | |
| Group Stunt All Girl / Coed Premier | | | | | | X |
| Partner Stunt Coed Premier | | | | | | X |

3. Recreational Sports Divisions Performance Cheer

| Performance Cheer Divisions | Tiny | Peewee | Youth | Junior | Senior |
|-----------------------------|-------------|-------------|-------------|-------------|--------|
| | 2019 - 2016 | 2018 - 2011 | 2013 - 2010 | 2010 - 2006 | ≤ 2009 |
| Team Pom | X | | | | |

| Performance Cheer Small Divisions | Tiny | Peewee | Youth | Junior | Senior |
|-----------------------------------|-------------|-------------|-------------|-------------|--------|
| | 2019 - 2016 | 2018 - 2011 | 2013 - 2010 | 2010 - 2006 | ≤ 2009 |
| Doubles Pom | | X | X | | |
| Doubles Hip Hop | | X | X | | |
| Doubles Jazz | | | | X | X |

| Divisions with broader age groups | Age | Years of Birth |
|-----------------------------------|------------|----------------|
| Open Age Team Pom | 7 or older | 2018 or older |
| Open Age Team Jazz | 7 or older | 2018 or older |
| Open Age Team Hip Hop | 7 or older | 2018 or older |

Males and females are allowed to participate on the same team in all Performance Cheer divisions.

IV. Age Grids

1. Age Grid Cheerleading

| Cheerleading Age Grid | 2019 | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 | 2007 | 2006 | 2005 |
|------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Tiny | X | X | X | X | | | | | | | | | | | |
| Mini | | X | X | X | X | X | X | | | | | | | | |
| Primary | | X | X | X | X | X | X | X | X | | | | | | |
| Youth | | | | | | | X | X | X | X | | | | | |
| Junior | | | | | | | | | | X | X | X | X | X | |
| Senior | | | | | | | | | | | X | X | X | X | ... |
| Adaptive / Special Abilities | | | | | | | X | X | X | X | X | X | X | X | ... |
| OA Novice / Intermediate | X | X | X | X | X | X | X | X | X | X | | | | | |
| OA Median | | | | X | X | X | X | X | X | X | X | X | X | | |
| OA Advanced | | | | | | | X | X | X | X | X | X | X | X | ... |
| OA Elite | | | | | | | | | | X | X | X | X | X | X |
| OA Adaptive Abilities | | X | X | X | X | X | X | X | X | X | X | X | X | X | ... |

2. Age Grid Performance Cheer

| Performance Cheer Age Grid | 2019 | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 | 2007 | 2006 | 2005 |
|------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Tiny | X | X | X | X | | | | | | | | | | | |
| Peewee | | X | X | X | X | X | X | X | X | | | | | | |
| Youth | | | | | | | X | X | X | X | | | | | |
| Junior | | | | | | | | | | X | X | X | X | X | |
| Senior | | | | | | | | | | | X | X | X | X | ... |
| Adaptive / Special Abilities | | | | | | | X | X | X | X | X | X | X | X | ... |
| OA Team Pom / Jazz / HH | | X | X | X | X | X | X | X | X | X | X | X | X | X | ... |